THE AMERICAN CHROPRACTOR MAGAZINE OF THE CHIROPRACTIC PROFESSION

Functional Neurology in Chiropractic Practice

Radiograph

the Personal

Digitization in

Injury Practice

This Non-Profit Medical Journal features an article titled:

EPA Proves Flameproof Mattresses Toxic

Ray Revolution What Are Your X-rays Missing?

MOTOR VEHICLE

<u>the Cervical</u>

Spine

Crashes and

Chiropractic Education Organization

The American Chiropractor, #CO138 P.O. Box 527948 Miami, FL 33152-7948 Address Service Requested

Non Profit U.S. Postage Paid Permit No. 53 Lebanon Junction, IAY 40150 Can You Really Validate Care Clinically with Surface EMG?

Volume 28 • Number 12 • November • 2006

EPA Proves Flameproof Mattresses Toxic

DC's are now prescribing and selling toxin-free mattresses. Should you?

by Mark Strobel, B.S.

B EFORE THE NEW NATIONAL FLAMEPROOF MATTRESS REGULATION, not all mattresses would not ignite from cigarettes. With the new regulation, all new mattresses must now withstand a two-foot wide blowtorch open flame test for seventy seconds.

Some things are clear: New mattresses, including crib size, contain known acutely toxic and cancer causing chemicals including boric acid (yes, the roach killer), antimony trioxide, silicon, decabromodiphenyl oxide, ammonium polyphosphate, melamine, and formaldehyde, to meet the severe open flame test. Scientists have proven these chemicals leach from flameproof mattresses in large quantities, have measured how much leaches to the surface, and proven these chemicals are absorbed by our bodies. Manufacturers are free to choose any untested chemicals they wish to use in mattresses to pass the test. With no labeling requirements for the flame retardant chemicals in mattresses, you will never know which chemicals you, your children, and your patients are sleeping in and absorbing every night.

There are no scientific studies that say it is safe to sleep in these chemicals. Many MD's say it is unsafe for anyone. One medical school professor called it, "Another example of ignorance beyond reason."

The only document which examines the safety of sleeping in some, but not all, of the most commonly used chemicals in flameproof mattress is a short review internally generated by US Consumer Products Safety Commission (CPSC) employees in January 2006. This is the document proponents point to as proof flameproof mattresses are safe. Ironically, the document proves that known acutely toxic and cancer causing chemicals leach from flameproof beds in large quantities, and are absorbed by our bodies.

The CPSC report has a variety of problems, errors, and omissions: First, they excluded children under age five from the analysis by assuming all these children will sleep on vinyl sheets due to bedwetting problems, and that this will protect them from absorbing the toxic chemicals in their mattresses. A lot of research proves even remarkably low level toxin exposure can harm young children. Even new crib mattresses contain boric acid and antimony to meet the regulation. European scientists proved antimony leaches through vinyl on crib mattresses, and linked it to SIDS.

In a 2004 CPSC Report the authors wrote: "Formaldehyde is a known sensitizer, and is also regarded as a carcinogen.



With no labeling requirements for the flame retardant chemicals in mattresses, you will never know which chemicals you, your children, and your patients are sleeping in and absorbing every night.

Data are needed to determine the conditions for, and potential releases of, formaldehyde from barriers made with melamine/ formaldehyde resin fibers."

In the 2006 report, these same authors do not test for or mention formaldehyde absorption. They knew about formaldehyde, and omitted it.

An independent review is required by law, but the report, basically, failed the review as they rebutted and ignored the recommendations. The reviewer complained strongly that their assumptions of safe levels of toxin absorption do not agree with other agencies, and that they changed the rules of the National Academes of Science "Child Sucking Test," and then did not even apply it to one-year-old children whom the test was designed to protect. If they had used the EPA number for antimony safe absorption, it would have proved mattresses toxic by 27.5 times, even with their low skin absorption assumptions. They admit uncertainty and that they have no data for antimony skin absorption. We know one to a few skin applications kills rabbits, yet they assume we will absorb only 2/1,000 of the antimony that has leached to the surface and contacts our body. Any one of these things, if done properly, would have stopped this regulation.

When pressed that these chemicals are not proven safe to sleep in, the CPSC responded: "All of the statues that provide regulatory authority to the CPSC explicitly require risk-based decision making, thus precluding application of the 'precautionary principle.""

Now, every American, all three hundred million of us, will be eventually forced to unknowingly sleep in and absorb poisonous and cancer causing chemicals for the rest of our lives; so will our children. All of this to avoid a one in 1.111 million mattress fire risk.

Close chronic chemical mattress exposure is risky. People have already gotten sick. We have made toxic mistakes in the past. If these mattresses eventually prove poisonous, how many millions of people will be harmed or killed?

You may agree the risk outweighs the benefit for your patients. Fortunately, the law allows doctors, including chiropractors, to prescribe and sell toxin-free mattresses to those lucky few who learn the truth.

Mark Strobel, BS, started and owns Strobel Technologies, a national specialty mattress manufacturer in business for thirty-two years. For the last two years, Mark led the fight against flameproof mat-

tresses by launching www.PeopleForCleanBeds.org and generating news and eight hundred doctors' and public comments against the regulation. Now he offers toxinfree prescription mattresses through chiropractors at www.PrescriptionBeds.com. You can reach Mark at 1-812-280-6000, or email mark@strobel.com. TAC



Subscribe Now!! THE AMERICAN CHIROPRACTOR Subscribe now and save up to 71%:

🚖 GOOD DEAL! US \$56

Save 57% off the cover price! Get 12 issues plus our Buyer's Guide, 13 issues total--YOU SAVE \$64

BEST DEAL! US \$112.00

Buy 2 years--the 3rd is FREE! Get 12 issues per year plus our Buyer's Guide, 39 issues total--YOU SAVE \$278

Have your credit card ready!!

Visit: www.TheAmericanChiropractor.com

Dial Toll-free number 1-888-668-8728 or E-mail us at info@amchiropractor.com This article was reprinted from "The American Chiropractor" magazine.

- a non-profit medical journal -